What is the best master’s degree for the vascular surgeon/specialist to get and why: MBA, MHA, MPH?

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Best Master’s Degree for Vascular

Disclosures

None

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What I did not learn in my training…

• Creating a business plan
• Managerial skills
• Team innovation
• Financial measures/models
• Project management
• Supply/demand concepts
• Emotional intelligence
• Etc.,….

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Reality

• Health care is complicated
• Change is the norm
• Delivery is team based
• Stewardship can be lacking
• Systems can be odds
• Bureaucracy is increasing
• Gaps between Admin and Providers
• Physician engagement highly variable

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“General” Life Goals

• Work life balance
• Personal “connectedness”
• Empower others
• Create common goals
• Navigate with resilience
• Foster alignment
• Improve self-reflection
• Make change for better
• Avoid burnout

Best Master’s Degree for Vascular

What Can A Master’s Degree Do?

• Gave me new pertinent skills; not obtained in residency or medical school
  Which then…
• Allowed me to better navigate the health care system
  Which then…
• Helped me better obtain my “life goals”
What Master’s Degree May Be Best?

- **Public Health (MPH)**
  - Focus: populations, social movements, patient education
- **Health Science Delivery (MHS)**
  - Focus: care coordination, improving access
- **Health Administration (MHA)**
  - Focus: Health care admin ascension
- **Business Administration (MBA)**
  - Emphasis on overall health care delivery
  - Frontline physician to Hospital C-suite

Best Master’s Degree for Vascular Health Care MBA

- **OHSU/PSU Health Care MBA**
- Hybrid: class and online education
- 3 years: Cost $45,000
- Two-three classes per trimester
- Two class sessions per trimester (beginning and end)
  - Friday 4-9 pm and Saturday 9-2 pm
  - Summer project
- Students with wide variety of jobs within health care field
- Emphasis on TEAM PERFORMANCE

Timeline and Course Format per Trimester

- Begin class online
- Attend 1st Face-to-Face Sessions
- Attend 2nd Face-to-Face Sessions
- Term ends
- Two-three classes/trimester = approx. 10-20 hours homework/week

Types of MBA Classes

- Finance
- Accounting
- Marketing
- Economics
- Innovation
- Process mapping
- Value-chain mgmt
- Payment systems
- Operations/logistics
- Quality/safety
- Information technology
- Project management
- Healthcare law
- Leadership skills
- Managing skills

OHSU Properly Placing Patients

- Three separate sites to do surgery
  - Total: 50 operating rooms
  - Less than 30% of patients being scheduled in the correct site
  - No standardization
  - No accountability
- Capstone Team
  - Comprehensive plan
  - Saved OHSU $6,000,000/MONTH
  - Presented to OHSU leadership

Team

- Hospital accountant
- Peace Health System
- Bank financial analyst
- Chase Bank
- Radiology lead medical assistant
- Oregon Health Science Univ
- Hospitalist
- Kaiser Permanente
- Vascular Surgeon
- Veterans Administration
Best Master’s Degree for Vascular

Indirect benefits…
- On the job training
- Expanding professional network
  - Improved access to “inside” information
- Access to professional mentors/coaches
- Jump started continuous learning
- Became a better mentor
- Developed new friendships
- Refined my career goals
- Tax deductible…

In Summary
- Healthcare MBA valuable as medical school education
- Vascular Surgeons need to be in more pivotal leadership positions (MBA can help)
- Stay local: easier and network is valuable
- Teaches you the “speak”
- Skills to better navigate the complex system
- Perfect for “mid-career” recharge…
- Increase job satisfaction/personal fulfillment